

Health Inequality Funding 2014/15 – proposed allocation of second round grants (£19,787 to allocate)

Ref	Organisation	Project	Description	cost of project	amount requested	approved funding
1	Relate	Relationships in Later Life	This project will offer discounted relationship counselling to clients over the age of 50 who are in need of counselling but cannot afford it. Much research has highlighted the benefits of counselling for individuals/couples in later life whose relationships may struggle when faced with new life-stage challenges such as retirement, empty nest syndrome, change in sex life, managing the affects of poor health on relationships (such as becoming a partner's 'carer' as well as spouse) and/or bereavement. Without accessing a specialist intervention relationships can break down or cause depression which has contributed to the rise of the 'silver-splitter' trend.	£4,295.10	£2375.10	£2,375.10
2	Inspiring Families	Yoga and Mindfulness programme	Special Yogaworks will train approximately 20 professionals over two, three day blocks These professionals will be from a range of organisations across Cheltenham to enable them to deliver yoga and mindfulness within their organisations. Training will be delivered across two, three day blocks and will cover delivering yoga and mindfulness to children, young people and adults. It will also cover working with children, young people and adults who have special educational needs with pregnant women and women with new born babies.	£4,000	£4,000	£4,000
3	Gloucestershire Young Carers	Healthy Living and Learning	Healthy Living and Learning is an 8-week workshop based programme which comprises activities and information to encourage a healthy approach to eating, safety in the home and the ability to maintain healthy wellbeing. These workshops are specifically targeted for young people to whom these issues are brought into focus due to the fact they are young carers – responsible for supporting ill or disabled family members and often involved in more 'adult-sized' responsibilities in the home.	£4,933	£2,933	£2,933
4	Vision 21	Enhanced Training and Equipment Provision for Hard to Place Volunteers	Our project provides a lifeline to some and a route to employment to others. Reclaim provides training for 20 volunteers, in the world of furniture recycling. Volunteers work to their best ability as van crew or warehouse assistants, helping to make deliveries to over 1600 customers/year. We require funding for accredited and enhanced training, as well as new equipment. This will enable our volunteers to improve their life chances, gain employment skills and develop their social skills, as well as help to minimise health inequalities through companionship, diet and exercise.15 of our 20 placements are reserved for vulnerable adults who often have mental health issues and/or exhibit poor interpersonal skills. These people want to give something back to their community and with the correct support they are able to do so.	3445	3445	£0

5	Gloucestershire Life Education Trust	Life Education - helping children make healthy choices	GLE will deliver the UK's leading health programme - Life Education - to children and young people, empowering them with the skills needed to make healthy choices. We are one of the most cost-effective interventions at less than £5 per beneficiary. Our trained educators will deliver evidence based health programmes which are age-appropriate both in its content and its means of delivery. The interactive mobile classroom provides a perfectly tailored learning environment, using technology, role-play and puppetry. We aim to: Deliver programmes at 10 schools, Work with 1400 beneficiaries and 100 teachers, Communicate health messages to over 700 families	£4,700	£4,500	£4,500
6	Gloucestershire College	Chefs on Tour - Cheltenham	Chefs on Tour - Cheltenham is a dynamic, interactive educational cookery roadshow which engages and inspires young people to get involved in cooking. It is targeted across primary and secondary school children and mapped against the school curriculum The focus of the roadshow is how to eat healthily using fresh produce and emphasising that cooking is enjoyable, fun and not as time consuming or as difficult as they might think. Pupils are encouraged to bring in produce, particularly produce they have grown, or that has been grown locally, to see how it can be incorporated into nutritious and tasty meals.	£7,000	£5,500	£5,000
					£22,753.1	£18,808.10

