

Health Inequality Funding 2013/14 – proposed commissioned projects

Appendix 2

Organisation	Project	Description	cost of project	approved funding
Youth and Community Services	Healthy Lifestyles – Peer Support	<p>Youth and Community Services and the Everyman Theatre will work with young people from Pittville School to create a mentoring programme and educational resource for the school. The project will create peer mentors to provide a sustainable support system of young people whereby the information is cascaded throughout the school year groups. This will promote a culture of positive mental health and healthy lifestyles that is crucial to the social, emotional and intellectual development of children and young people.</p> <p>A theatre and possible theatre/music/ film practitioner from The Everyman Theatre would work with an identified school group to create a single or series of creative informative pieces of theatre or film or music that explores health awareness messages. Young people would engage with the subject matter and choose elements that they felt were important to address and then identify the best way for their group to communicate and discuss this with a younger peer audience. Each group would ascertain how this would be produced and the roles they would take within the process, whether it is as a director, performer, producer, technician, film maker etc. If felt appropriate by the group they may also develop their own workshop / discussion session that would run post performance and an education pack that could be used within a follow up class based lesson.</p>	£17,620	£15,000
Youth and Community Services	St Pauls Healthy Lifestyles Project	<p>We are part of a group of local providers who will come together to deliver a project that will support the young people of St Paul's. We will do this through consultation with the young people in the area to identify their perception of the need. We will then co-ordinate a gap analysis to understand what provision currently exists for this age group – both in school and out of school, and look to share and promote those services to young people. Based on the gap analysis and mapping activity, as well as the consultation feedback, we will explore new activities based in the local area.</p> <p>One of the additional aims of the project is the development of better multi-agency working between the partners to promote activities and services to all, and share facilities so that no young people miss out.</p> <p>We are looking to work with the leisure centre to help them develop their Teen Programme which will support some of these YP to get active, utilising activities/sessions from the centre at a more affordable/accessible rate.</p>	£11,640	£7,000

Health Inequality Funding 2014/15 – proposed allocation of grants

Organisation	Project	Description	cost of project	amount requested	Assessment panel comments	Approved funding
British Red Cross	Everyday First Aid for All	The project involves working in partnership with organisations that support older people and/or alcohol users in deprived areas of Cheltenham. We will provide 12 x 2 hour Everyday First Aid training sessions to people who are at an increased risk of experiencing a first aid emergency. The content of each of the courses is flexible but will be tailored to the specific needs of the group (from a menu of 18 skills). For example, training will include skills to deal with an unconscious casualty for the alcohol groups. Sessions for older people will include first aid related to trips/falls.	£2,160	£2,160	Although the panel were supportive of the project, they concluded that unfortunately it did not meet the criteria.	£0
African Community Foundation UK	Healthy Choices	Most Africans believe in a myth that being fat or obese is a sign of good health – the project intends to bring together members of African Community in Cheltenham to improve their wellbeing by making them understand the impact of diet and exercise on their health and provide a platform to build trust and confidence in order to share health issues that affect their community. By sharing their experiences their overall mental health will be improved.	£4,310	£4,000	The panel were unable to approve this project as there was no information about what the project would deliver, now about the numbers of people that would benefit from it.	£0
T.I.C+ (Teens In Crisis)	Free Access Counselling Service	TIC+'s free access counselling service provides counselling and guidance for damaged and disadvantaged children and young people who are struggling with mental health issues living in Gloucestershire. The problems children and young people face are often multiple and complex. All of our trained counsellors travel to locations near to where the young person lives. This means that we are able to reach the most disadvantaged youngsters in our county who wouldn't otherwise be able to access help because their families don't have the resources, or chose not to transport the young people to receive the help they need.	£56,848	£5,000	The panel were happy to support this project on condition that Teens in Crisis work on some our priority projects such as Inspiring Families, Our Place and Oakley domestic abuse project. Accordingly the panel would like to see an implementation plan as part of the grant award condition	£5,000

Cheltenham Borough Homes	Scott House and Edward Wilson House Hub	The Scott and Edward Wilson House hub is located at Edward Wilson House, Princess Elizabeth Way, Cheltenham. The hub serves the local community as a meeting place, from which partners and staff members deliver engaging workshops and activities with a focus on community, health and wellbeing. There are 200+ residents, aged 16 and over with no upper age limit residing in the two buildings, many of whom are socially isolated and disengaged, experiencing mental health illnesses, battling with addiction issues and a multitude of health issues. Many of the residents admit to having bad nutrition and related health concerns.	£7,500	£5,000	The panel were not able to support this project as it was unclear about what CBH were applying money for. As it looks like the programme is already underway there was no evidence that using grant funding would generate any extra added value.	£0
Gloucestershire Young Carers	Healthy Living and Learning	Healthy Living and Learning is an 8-week workshop based programme which comprises activities and information to encourage a healthy approach to eating, safety in the home and the ability to maintain healthy wellbeing. When a young carer is referred to our charity our family workers will meet with the family to assess the needs of the young people in the family, the level of caring they undertake and the impact of that caring role upon the young person's life. We then recommend that the young person is enrolled on a Healthy Living and Learning course		£4,933	The panel felt that the proposed programme was good but felt that there was too little information about how many people would benefit and the fact the majority of the costs were going on transport and staff costs. The panel suggested that Gloucestershire Young Carers re-submit a revised application as part of the second bidding round.	£0
Vision 21	Reclaim Furniture Re-Use Project	To keep the 3 old vehicles of Reclaim's Furniture Re-use Project on the road. Experience shows that we need a minimum of £1k/year/van to keep them roadworthy (taxed, MOT'd, tail lift inspected, tyres, insured and service repairs). They are used 5 days/week, for the collection and delivery of furniture and without them the project would come to a stand still.	£90,500	£3,000	The panel were not able to support this project as it does not meet the criteria	£0

Gloucestershire Wildlife Trust	Rooted Youth at the Rock	This pilot project will work with young people through the Rock Centre who are excluded or at risk of exclusion from mainstream education to improve their health and wellbeing, skills and self esteem by strengthening their engagement with nature. We will provide a programme of exploring, filming and recording nature, encouraging wildlife to thrive locally through wildlife gardening and habitat enhancement, as well as visits to Coombe Hill nature reserve and the Hatherley Brook to discover habitat management and wildlife identification	£5,213	£4,463	The panel liked the project but were not convinced that it met the criteria or represented good value for money. The panel suggested that Gloucestershire Wildlife Trust re-submit a revised application as part of the second bidding round.	£0
Gloucestershire Life Education Trust (GLE)	Life Education - helping children make healthy choices	Our project will deliver the UK's leading health and drug programme (Life Education) to children and young people (5 – 11), empowering them with the skills/knowledge needed to make healthy choices. Our trained educators go on the road, working from our purpose-built mobile classrooms, delivering evidence based health programmes which is age-appropriate both in its content and its means of delivery. The interactive mobile classroom provides a perfectly tailored learning environment, using technology, drama, role-play and puppetry. We aim to: Deliver programmes via 10 Cheltenham schools, Work with 1400 beneficiaries and 100 teachers, Communicate health messages to over 700 families	£4,700	£4,500	The panel were supportive of the work of the Life Education programme but would have liked to have seen more information from the identified schools that this is of real need and of use to promote healthy lifestyles. The panel concern was that the grant would be funding GLE's core work with a risk of no added value. The panel suggested that Gloucestershire Life Education Trust re-submit a revised application as part of the second bidding round.	£0

Youth and Community Services	Healthy Lifestyles Project	Our Healthy Lifestyles Project's aim is to enhance the understanding of the young people living within Cheltenham and the surrounding areas with regards to the health and wellbeing issues affecting them. A primary focus will be aimed at four distinct areas; reducing obesity, harm caused by alcohol, improving mental health and well being, encouraging young people to take an active role in positive activities to improve their own wellbeing. Youth and Community Services will provide training to all staff and volunteers to ensure their good quality youth work has a primary focus on health. Specific themes will be introduced into each of the sessions, and these will be linked to ongoing existing campaigns and will be led by the needs of the young people	£24,928	£5,000	The panel felt that this is core work for Youth and Community Services and that they are funded elsewhere via positive activity grants. So they could not approve this.	£0
People and Places in Gloucestershire CIC	five ways to wellbeing	Five ways to wellbeing is a simple and straightforward set of actions that positively enhances mental health and wellbeing: Connect, Be Active, Take Notice, Keep Learning and Give. This project will aim to: promote this Public Health message to all sectors of the community across Cheltenham Borough; raise awareness of the five ways to wellbeing, particularly with vulnerable people and those at risk of developing poor mental health and low levels of wellbeing; establish five ways to wellbeing 'Champions' in partner organisations and agencies to embed this message in all working practices, and specifically frontline workers.	£8,265	£4,989	The panel found this application very difficult to understand and were uncertain about whether this was a work-place based project or one delivered with communities? The panel also felt that this work probably happens and that it does not fully meets the criteria. The panel suggested that People and Places re-submit a revised application as part of the second bidding round.	£0

Relate Gloucestershire and Swindon	Over 50's Free Relationship MOT	The project will offer couples over the age of 50 a free relationship MOT, which consists of 1 consultation and 2 separate hourly counselling sessions. The project will fund 16 couples and aim to improve their mental well-being at a time when external issues (such as retirement, health issues, change in sex lives, empty nest syndrome etc) may have caused significant change in their lives and relationships which if not managed can spiral into depression, loneliness or relationship break down.	£3,292	£3,292	The panel were unable to support this project as they felt that it was very expensive for 16 couples and were uncertain that it met the criteria.	£0
Cheltenham Borough Homes (CBH)	Lively Lounges	'Lively Lounges' is a project to engage seniors in physical activity. It will complement the work of CBH Community Hubs and be supported by CBH and its partners. The aim is to co-ordinate and deliver a comprehensive age-appropriate range of social group fitness programmes on a structured and regular basis within sheltered housing scheme communal lounges. The sessions will target disengaged and/or isolated seniors who may be at risk of, or rehabilitating from, chronic disease and who are currently inactive. 'Lively Lounges' will improve their overall physical and mental health and wellbeing, reduce social isolation and loneliness, and promote independence.	£10,000	£5,000	The panel liked the project, and were happy to approve it. They would like to see evidence that CBH is considering how they can use the same instructors across the duration of the project so that they can develop better working relationships with the residents.	£5,000
Mindsong – music for dementia	Volunteer Community Singing Groups in Care Homes and Day Centres	To embed trained, dementia-aware volunteers into care homes & day centres providing specially devised dementia-friendly singing groups for people with mid to late-stage dementia. Geographically sensitive hubs are formed in care homes; local volunteers are recruited and trained. Each hub forms a choir, with volunteers gaining practical training in working with people who have dementia. Supportive teams are formed, leaving to work in other homes in the area. New volunteers join the hub. Ongoing support provided by dementia specialists and music therapists. The aim: to have a team singing in all suitable care homes in the Borough within 3 years.	10940	4000	The panel really like the project and were happy to approve this application	£4,000

Cheltenham Borough Council	Encouraging Takeaways in Low-income Communities to Serve Healthier Food	A number of studies have found that take away food outlets are often located in areas of higher socio economic deprivation. This project is aimed at encouraging small takeaway businesses in low income communities to implement simple procedural changes to the way they fry food with the aim of producing a healthier product. Such businesses may face particular challenges and a specialist initiative focusing on a single issue such as 'healthy chips' works best. The project will centre on working with businesses on a one to one basis by reducing oil absorption into deep fried food by educating food businesses on the type of cooking oil, size of the cut chip, the oil temperature, the cooking time, the loading of the fryers the draining of the product and the frequency of oil changing.	3251	3251	The panel liked this project, the focus on supporting takeaways serving food in some of our poorer communities makes good sense.	3251
Community Roots CIC	Cooking healthy sauces on a budget	To teach 20 individuals how to produce healthy cooking sauces on a budget which anyone can learn and can continue to use the skills beyond the project. This is a pilot project initially to run over 6 weeks where participants will learn 6 different, basic, healthy sauces that they can produce confidently on a budget. This will be led by a Volunteer Community organiser who is a trained chef. The Community Organiser will be acting in a supporting role to enable the pilot to take place. This will include networking, promotion, printing recipes, hand outs and organising the sessions	4162	4042	The panel were unable to support this project as it felt that this project was very expensive for the proposed outputs.	0
Oakley Residents Association	Oakley Sports 2015	Providing 9 sports sessions (for 48 children aged 8 to 14), each for 2 hours, based in Clyde Crescent Park in the school holidays (Easter, half term and summer) and a 'family fun' session. A range of sports including rounders, football, Quick Cricket, Team Building Games and Basket Ball will be offered. Delivery will be through professional coaches but it is hoped local residents will become involved (local five a side football team interested). The coaches will do team building and training sessions with residents prior to the session delivery with a	4630.9	£2,962.50	The panel were happy to approve this project, on condition that residents association do not stop seeking funds from elsewhere for the project.	£2,962.5

		view to the residents taking on more of the delivery in future years.				
Gloucestershire College	Chefs on Tour - Cheltenham	Chefs on Tour - Cheltenham is a dynamic, interactive educational cookery roadshow which engages and inspires young people to get involved in cooking. It is targeted across primary and secondary school children and mapped against the school curriculum The focus of the roadshow is how to eat healthily using fresh produce and emphasising that cooking is enjoyable, fun and not as time consuming or as difficult as they might think. Pupils are encouraged to bring in produce, particularly produce they have grown, or that has been grown locally, to see how it can be incorporated into nutritious and tasty meals.	£6,000	£5,000	The panel were sympathetic to this project but were uncertain about which schools they were going to work with, and whether parents would be involved in acknowledgement of their role in sustaining healthy diets for young people. The panel suggested that Gloucestershire College re-submit a revised application as part of the second bidding round.	£0
				£71,079		£20,213.50

Positive Activity Grants 2014/15 – Proposed allocations to projects where further information was sought.

Organisation	Project	Description	cost of project	amount requested	Positive activities Funding recommended for approved
Friends of Naunton Park	Naunton Park Youth Project	To continue and develop the youth work that Youth and Community Services began as a Pavilion Youth Work initiative last year. We will work in partnership with their youth work team to build further relationships with the young people aged 11 – 19 years of the Naunton Park area, utilising our resources located in the Pavilion. The youth work will focus on developing a sustainable community-based project enabling young people to develop socially and emotionally as they take an active and positive role in their community. The project will consist of a weekly youth work session of 2.5 hours at the Pavilion with a programme of positive activities that the young people are empowered to plan and deliver with the experienced youth work team.	£10,080	£5,200	5,200
County Community Projects	Cheltenham Youth Café	We deliver sessions two evenings a week, available to children and young people in Cheltenham Town Centre, primarily, but not exclusively, targeting disadvantaged young people. The service provides a much-needed Town Centre venue for young people to meet their peers and engage in a range of structured activities, including games, music, arts, film screenings, table tennis, pool, trips, community projects and more. Through consultation the structure and direction of sessions are designed by the young people themselves. Additionally, young people access information, advice & guidance services, and other relevant services, including counselling	21500	5500	None at this time
Hesters Way Neighbourhood Project.	Time to Grow Phase II	The project is to underpin the continuing professional development of the Spring bank Youth Club which caters for 8 to 19 year olds. We would like to employ two qualified youth workers who would work together to build upon the successes of the youth worker employed over the last 15 months. They will train volunteers, recruit new volunteers and, with our team of volunteers and young people, develop and deliver session plans that meet the needs and aspirations of the young people so they are better prepared for life and all its challenges and opportunities	10240	5000	5,000